

## Central Lakes Conference Championships

Little Falls High School - 5/21/2010

## Results

## Event 2 Boys 4x800 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Willmar Cardinals		8:09.46 10
1) Seifert, C.J. 12	2) Byberg, Anders 11	
3) Voss, Dan 12	4) Mohamud, Mowlid 10	
2 Brainerd		8:10.78 8
1) McLean, James 12	2) Rudstrom, Alek 12	
3) Emery, Jeff 12	4) Knutson, Chris 12	
3 Alexandria H.S.		8:27.80 6
1) Hartsell, Elijah 11	2) Burrow, Mathew 12	
3) Koenig, Dylan 11	4) Bartholomeo, Zac 9	
4 St. Cloud Tech		8:35.06 5
1) Modi, Emmanuel 12	2) Shella-Stevens, Isaac 10	
3) Krueger, Bradley 12	4) Anderson, Sam 11	
5 StCloudApp		8:39.36 4
1) Loso, Luke 12	2) Pundsack, Kyle 11	
3) Theisen, Nicholas 11	4) Boldt, Justin 12	
6 Sartell-St Stephen		8:39.79 3
1) Spoden, Andrew 11	2) Wagner, Adam 12	
3) Krueger, Eric 12	4) Fischer, Jack 12	
7 Little Falls		8:52.72 2
1) Fellbaum, Brett	2) Marvin, Will	
3) DeVine, Ricky	4) Ziegler, Scott	
8 Sauk Rapids/Rice		8:56.38 1
1) Chance, Josh 10	2) Kern, Brandon 12	
3) Kuefler, Peter 11	4) Skoczen, Josh 10	
9 Rocori High School		9:27.63
1) Dahl, Axl 11	2) Bertram, Tony 8	
3) Tomovic, Stefan 9	4) Krey, Cory 10	
10 Fergus Falls		9:33.30
1) Eerdmans, Billy 10	2) Eerdmans, Andy 10	
3) Wasberg, Sam 10	4) Hanson, Andrew 12	

## Event 4 Boys 110 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Gorghuber, Dan	11	Alex	15.45 10
2 Franzwa, Mitchell	11	StCloudTech	15.72 8
3 DeRoeck, Ryan	12	Sartell	15.76 6
4 Walters, Jackson	10	BRAI	16.14 5
5 Swenson, Dakota	10	BRAI	16.19 4
6 Pennington, Luke		Little Falls	16.24 3
7 Pederson, Mark	11	Rocori HS	16.47 2
8 Zupke, Jesse	11	Willmar	16.82 1
9 Kipp, Jesse	12	Fergus Falls	16.87
10 Granholm, Chaz	12	StCloudTech	16.89
11 Fischer, Pat	9	Sartell	16.90
12 Stepan, Eugene	11	Willmar	17.14
13 Wymore, Joseph	12	Alex	17.35
14 Johnson, Austin	12	SaukRpds-Ric	17.67
15 Houle, Alex		Little Falls	17.75
16 Dero, John	12	Alex	17.76
17 Broberg, Jacob	10	Willmar	17.87
18 Horesji, Garrett		Little Falls	18.09

19 Zahn, Jesse	11	BRAI	18.16
20 Mayers, Shane	12	Rocori HS	18.22
21 Hauge, Matthew	10	Fergus Falls	18.81
22 Fleck, Malachi	9	SaukRpds-Ric	19.06
23 Lauermaun, Taylor	10	Sartell	20.92

## Event 6 Boys 100 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Vickstrom, Ben	11	Alex	11.16 10
2 Weis, Nick	12	SaukRpds-Ric	11.41 8
3 Hayes, Jordan	11	BRAI	11.54 6
4 Husmann, Matt	11	Sartell	11.57 5
5 Nelson, Joe	11	BRAI	11.57 4
6 Kremer, Josh	12	Sartell	11.62 3
7 Landowski, Corey	11	SaukRpds-Ric	11.66 2
8 Schow, Brandon	11	Willmar	11.67 1
9 Huss, Michael	11	Alex	11.72
10 Braun, Dylan	10	Rocori HS	11.82
11 Jones, Dominic	10	Fergus Falls	11.86
12 Okerman, Devin		Little Falls	11.86
13 Joerger, Michael	11	Alex	11.89
14 Rios-Dominguez, Kareem	11	StCloudTech	11.93
15 Huberty, Matt	10	SaukRpds-Ric	11.95
16 Hervin, Brian	11	Rocori HS	11.97
17 Bell, Grant		Little Falls	11.99
18 Zenner, Hayden	10	Fergus Falls	12.13
19 Liimatta, James	11	Willmar	12.20
20 Turner, Reggie	11	BRAI	12.34
21 Siekawitch, Isaac	10	Sartell	12.35
22 Tong, Ryan	9	Rocori HS	12.41
23 Preston, Shawn	11	Fergus Falls	12.48
24 Miller, Larry	9	StCloudApp	12.65
25 Harms, Benjamin	12	Willmar	12.65
26 Ahrens, Ryan		Little Falls	12.67
27 Guernsey, Joshua	10	StCloudApp	12.70
28 Praetorius, Matt	10	StCloudTech	12.90
29 Wiltgen, Ashton	10	StCloudTech	13.42
30 Theisen, Jordan	9	StCloudApp	13.86

## Event 8 Boys 4x200 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Sartell-St Stephen		1:31.20 10
1) Orndorff, Brent 12	2) Kremer, Josh 12	
3) Grow, David 12	4) Lieberg, Justin 12	
2 Brainerd		1:31.83 8
1) Goodew, Jacob 10	2) Nelson, Joe 11	
3) Hayes, Jordan 11	4) Lauer, Dan 11	
3 Willmar Cardinals		1:33.88 6
1) Liimatta, James 11	2) Schendel, Jeremy 11	
3) Stepan, Eugene 11	4) Backus, Andrew 11	
4 St. Cloud Tech		1:34.80 5
1) Rios-Dominguez, Kareem	2) Fruth, Tony 12	
3) Stoterau, Daniel 12	4) Fark, Eli 12	

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## Finals ... (Event 8 Boys 4x200 Meter Relay)

Team	Relay	Finals
5 Rocori High School		1:36.10 4
1) Hervin, Brian 11	2) Huber, Jake 9	
3) Jungels, Matt 11	4) Tong, Ryan 9	
6 Sauk Rapids/Rice		1:36.89 3
1) Landowski, Brandon	2) Lynch, Jake 9	
3) Moline, Steven 10	4) Stockinger, Riley 9	
7 Little Falls		1:39.89 2
1) Ahrens, Ryan	2) Keehr, Sullivan	
3) Rickert, Jared	4) Schmidt, Dan	
8 StCloudApp		1:45.36 1
1) Miller, Larry 9	2) Boeckman, Anthony 10	
3) Guernsey, Joshua 10	4) Lance, Derek 10	
9 Fergus Falls		1:48.26
1) Connell, Andrew 11	2) Langston, Nathan 11	
3) Nacke, Mitchell 9	4) Donoho, Matt 10	
--- Alexandria H.S.		DQ
1) Goracke, Derek 11	2) Coleman, Felix 11	
3) Joerger, Michael 11	4) VanOrsdel, Zach 11	

## Event 10 Boys 1600 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Dean, Jimmy	12	BRAI	4:27.55 10
2 Seifert, C.J.	12	Willmar	4:27.60 8
3 Zimny, Preston		Little Falls	4:32.72 6
4 Modi, Emmanuel	12	StCloudTech	4:36.78 5
5 Hodgson, Zach	11	Alex	4:38.51 4
6 Hurley, Keeghan	8	Fergus Falls	4:40.36 3
7 Burnett, Tyler	12	Sartell	4:42.90 2
8 Vinje, Sam	12	Alex	4:47.10 1
9 Ballandby, Derek	11	Willmar	4:48.66
10 Kent, Kaleb	10	SaukRpds-Ric	4:52.53
11 Krueger, Bradley	12	StCloudTech	4:54.44
12 Idland, Taylor	9	Sartell	4:56.75
13 Lovrien, James	9	Alex	4:57.27
14 Van Heel, Alex	10	Sartell	4:58.15
15 Theisen, Nicholas	11	StCloudApp	4:58.25
16 Garberich, Gerrit	9	BRAI	5:01.19
17 Oberman, Ryan	11	StCloudApp	5:02.53
18 Bauer, Matheus	8	Rocori HS	5:02.94
19 Masog, Matthew		Little Falls	5:04.51
20 Pundsack, Kyle	11	StCloudApp	5:05.04
21 Wasberg, Sam	10	Fergus Falls	5:05.80
22 Kern, Brandon	12	SaukRpds-Ric	5:05.88
23 Baker, Zean	9	BRAI	5:06.73
24 Byberg, Anders	11	Willmar	5:06.81
25 Wensmann, Anthony	11	Rocori HS	5:15.11
26 Bertram, Tony	8	Rocori HS	5:25.55

## Event 12 Boys 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Brainerd		43.41 10
1) Hayes, Jordan 11	2) Lauer, Dan 11	
3) Gervenak, Nate 11	4) Nelson, Joe 11	
2 Alexandria H.S.		44.16 8
1) Erickson, Jordan 12	2) Vickstrom, Ben 11	
3) Huss, Michael 11	4) Joerger, Michael 11	
3 Sauk Rapids/Rice		44.42 6
1) Landowski, Corey 11	2) Huberty, Matt 10	
3) Johnson, Austin 12	4) Weis, Nick 12	
4 Little Falls		44.99 5
1) Bell, Grant	2) Horesji, Garrett	
3) Okerman, Devin	4) Toso, Derek	
5 Rocori High School		45.61 4
1) Braun, Dylan 10	2) Hervin, Brian 11	
3) Jungels, Matt 11	4) Tong, Ryan 9	
6 Willmar Cardinals		46.91 3
1) Schow, Brandon 11	2) Vasquez, Alexander 12	
3) Liimatta, James 11	4) Backus, Andrew 11	
7 St. Cloud Tech		46.94 2
1) Peterson, Jacob 9	2) Fruth, Tony 12	
3) Coulter, Samuel 10	4) Rios-Dominguez, Kareem	
8 Fergus Falls		47.87 1
1) Norgren, Josh 9	2) Smith, Cody 11	
3) Connell, Andrew 11	4) Preston, Shawn 11	
9 StCloudApp		48.89
1) Miller, Larry 9	2) Boeckman, Anthony 10	
3) Guernsey, Joshua 10	4) Theisen, Jordan 9	
--- Sartell-St Stephen		DQ
1) Orndorff, Brent 12	2) Kremer, Josh 12	
3) Grow, David 12	4) Lieberg, Justin 12	

## Event 14 Boys 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Gorghuber, Dan	11	Alex	49.81 10
2 Fark, Eli	12	StCloudTech	50.59 8
3 Toso, Derek		Little Falls	52.29 6
4 Schultz, Brett	10	Sartell	52.53 5
5 Braun, Dylan	10	Rocori HS	52.60 4
6 Huber, Jake	9	Rocori HS	53.26 3
7 Schuneman, Connor	12	Alex	53.95 2
8 Siekawitch, Isaac	10	Sartell	54.08 1
9 Milhausen, Coty	11	Willmar	54.11
10 Zenner, Hayden	10	Fergus Falls	54.43
11 Wright, Joshua	12	Willmar	54.60
12 Rudstrom, Alek	12	BRAI	54.61
13 Jackel, Anthony	12	Willmar	54.77
14 Fuchs, Corey	9	Rocori HS	54.87
15 Marolf, Ben	11	SaukRpds-Ric	55.20
16 Rickert, Jared		Little Falls	55.24
17 Davis, Matt	10	Sartell	55.62
18 Ziegler, Scott		Little Falls	55.84

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## Finals ... (Event 14 Boys 400 Meter Dash)

Name	Yr	School	Finals
19 Conzemius, Joel	12	SaukRpds-Ric	55.92
20 Fussy, Mason	11	BRAI	56.00
21 Cozad, Clayton	10	Alex	56.10
22 Thornton, Nicholas	11	StCloudApp	56.84
23 Battig, Austin	10	StCloudApp	56.89
24 Fiebelkorn, Jeff	11	BRAI	57.32
25 Godding, Micah	10	StCloudTech	58.58
26 Kuefler, Peter	11	SaukRpds-Ric	59.27
27 Eerdmans, Andy	10	Fergus Falls	60.06
28 Gruber, Adam	9	StCloudTech	62.76
29 Theisen, Jordan	9	StCloudApp	64.00

## Event 16 Boys 300 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Pederson, Mark	11	Rocori HS	41.20 10
2 Pennington, Luke		Little Falls	41.61 8
3 Kipp, Jesse	12	Fergus Falls	42.01 6
4 Schendel, Jeremy	11	Willmar	42.27 5
5 Zahn, Jesse	11	BRAI	43.05 4
6 Horesji, Garrett		Little Falls	43.18 3
7 Zupke, Jesse	11	Willmar	43.20 2
8 DeRoeck, Ryan	12	Sartell	43.34 1
9 Lynch, Jake	9	SaukRpds-Ric	43.36
10 Mann, Kjell	11	Sartell	43.74
11 Walters, Jackson	10	BRAI	43.96
12 Wymore, Joseph	12	Alex	44.10
13 Fischer, Pat	9	Sartell	44.73
14 Houle, Alex		Little Falls	44.77
15 Heath, Garrett	11	BRAI	45.25
16 Mayers, Shane	12	Rocori HS	45.40
17 Buss, Dereck	12	Alex	45.90
18 Ludwig, Brandon	12	Alex	46.00
19 Johnson, Austin	12	SaukRpds-Ric	46.77
20 Hauge, Mathew	10	Fergus Falls	48.04
21 Koroll, Brandon	10	StCloudApp	50.61
--- Stepan, Eugene	11	Willmar	DQ

## Event 18 Boys 800 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Kohler, Elliot		Little Falls	2:01.12 10
2 Mann, Sean	11	Sartell	2:01.40 8
3 Ronning, Mitch	11	Alex	2:01.65 6
4 McLean, James	12	BRAI	2:01.92 5
5 Shella-Stevens, Isaac	10	StCloudTech	2:02.47 4
6 Boldt, Justin	12	StCloudApp	2:05.57 3
7 Koenig, Dylan	11	Alex	2:05.96 2
8 Loso, Luke	12	StCloudApp	2:07.58 1
9 Bartholomeo, Zac	9	Alex	2:09.09
10 Emery, Jeff	12	BRAI	2:09.20
11 Byberg, Steffen	9	Willmar	2:09.51
12 Lauermaun, Taylor	10	Sartell	2:10.24
13 Kuhl, Andy	10	Sartell	2:10.73

14 Ballandby, Derek	11	Willmar	2:11.20
15 Haug, Alec	11	BRAI	2:11.83
16 Erickson- Thoemke,	9	StCloudApp	2:12.80
17 Chance, Josh	10	SaukRpds-Ric	2:13.10
18 Marvin, Will		Little Falls	2:13.11
19 Eerdmans, Billy	10	Fergus Falls	2:14.06
20 Fellbaum, Brett		Little Falls	2:16.43
21 Bauer, Matheus	8	Rocori HS	2:17.83
22 Skoczen, Josh	10	SaukRpds-Ric	2:21.49
23 Dahl, Axl	11	Rocori HS	2:23.44
24 LaPatka, Thomas	12	Willmar	2:24.19
25 Hill, Devin	10	StCloudTech	2:34.70
26 Perrault, Alan	11	StCloudTech	2:40.34

## Event 20 Boys 200 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Vickstrom, Ben	11	Alex	22.63 10
2 Lauer, Dan	11	BRAI	22.65 8
3 Gorghuber, Dan	11	Alex	23.10 6
4 Grow, David	12	Sartell	23.70 5
5 Husmann, Matt	11	Sartell	23.76 4
6 Goodew, Jacob	10	BRAI	23.87 3
7 Okerman, Devin		Little Falls	24.04 2
8 Schow, Brandon	11	Willmar	24.07 1
9 VanOrsdel, Zach	11	Alex	24.17
10 Jones, Dominic	10	Fergus Falls	24.19
11 Landowski, Brandon		SaukRpds-Ric	24.59
12 Toso, Derek		Little Falls	24.64
13 Jungels, Matt	11	Rocori HS	24.77
14 Coulter, Samuel	10	StCloudTech	24.78
15 Welch, Nick	10	BRAI	24.82
16 Fuchs, Corey	9	Rocori HS	24.83
17 Vasquez, Alexander	12	Willmar	25.15
18 Backus, Andrew	11	Willmar	25.36
19 Davis, Matt	10	Sartell	25.67
20 Otremba, Bryon	10	StCloudTech	25.80
21 Boeckman, Anthony	10	StCloudApp	25.90
22 Connell, Andrew	11	Fergus Falls	26.10
23 Molde, Adam	10	StCloudTech	26.68
24 Evenson, Benjamin	12	StCloudApp	27.45
25 Lance, Derek	10	StCloudApp	27.47

## Event 22 Boys 3200 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 McCoy, Austin	12	Alex	10:02.27 10
2 Sieling, William	10	Alex	10:03.36 8
3 Weitzel, Matthew	12	Willmar	10:06.49 6
4 Broadwell, Tyler	10	Sartell	10:09.80 5
5 Voss, Dan	12	Willmar	10:15.27 4
6 Dean, Jimmy	12	BRAI	10:17.29 3
7 Anderson, Sam	11	StCloudTech	10:17.80 2
8 Evink, Mitch	11	Alex	10:18.06 1
9 DeVine, Ricky		Little Falls	10:28.98
10 Knutson, Chris	12	BRAI	10:37.69

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Finals ... (Event 22 Boys 3200 Meter Run)

Name	Yr	School	Finals
11 Barkley, Austin	11	Sartell	10:45.47
12 Nelsen, Riley	10	BRAI	10:58.88
13 Anderson, Blake	8	Sartell	11:01.73
14 Mohamud, Mowlid	10	Willmar	11:21.99
15 Masog, Matthew		Little Falls	11:25.91
16 Gessell, Austin		Little Falls	11:27.83
17 Frantti, Trek	10	Rocori HS	11:37.74
18 Miller, Nathan	10	SaukRpds-Ric	11:41.51
19 Koroll, Brandon	10	StCloudApp	11:43.09
20 Kroschel, Nathan	10	StCloudApp	11:47.65
21 Shaw, Krossland	10	StCloudTech	12:02.08
22 Knafla, Jonathan	10	StCloudTech	12:04.65
23 Sanchez, Amadeo	11	StCloudApp	12:07.83

Event 24 Boys 4x400 Meter Relay

Team	Relay	Finals
1 Sartell-St Stephen		3:32.12 10
1) Orndorff, Brent 12	2) Mann, Kjell 11	
3) Mann, Sean 11	4) Lieberg, Justin 12	
2 Alexandria H.S.		3:32.35 8
1) Cozad, Clayton 10	2) Coleman, Felix 11	
3) Ronning, Mitch 11	4) Huss, Michael 11	
3 Little Falls		3:32.38 6
1) Kohler, Elliot	2) Ziegler, Scott	
3) Horesji, Garrett	4) Bell, Grant	
4 Willmar Cardinals		3:36.36 5
1) Wright, Joshua 12	2) Byberg, Steffen 9	
3) Schendel, Jeremy 11	4) Milhausen, Coty 11	
5 Brainerd		3:39.19 4
1) McLean, James 12	2) Goodew, Jacob 10	
3) Emery, Jeff 12	4) Rudstrom, Alek 12	
6 Sauk Rapids/Rice		3:40.19 3
1) Conzemius, Joel 12	2) Lynch, Jake 9	
3) Marolf, Ben 11	4) Weis, Nick 12	
7 StCloudApp		3:42.74 2
1) Reichl, John 11	2) Krych, Simon 11	
3) Loso, Luke 12	4) Boldt, Justin 12	
8 Rocori High School		3:45.11 1
1) Fuchs, Corey 9	2) Huber, Jake 9	
3) Pederson, Mark 11	4) Wensmann, Anthony 11	
9 Fergus Falls		3:52.84
1) Haus, Zach 10	2) Zenner, Hayden 10	
3) Jones, Dominic 10	4) Kipp, Jesse 12	
10 St. Cloud Tech		4:01.65
1) Coulter, Samuel 10	2) Rios-Dominguez, Kareem	
3) Wiltgen, Ashton 10	4) Peterson, Jacob 9	

Event 26 Boys Shot Put

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Guetter, Robert	12	Alex	48-08.00q
2 Gault, Matt	12	Sartell	47-11.00q
3 Werk, Andrew	11	Alex	47-08.00q

4 Kassulker, Jacob	10	BRAI	46-08.00q
5 Schramel, Mike	12	Sartell	45-05.50q
6 Ronnevik, Lars	12	Fergus Falls	45-01.00q
7 Johansen, Chase	11	Fergus Falls	45-00.00q
8 Endres, Luke	11	SaukRpds-Ric	44-04.00q
9 Pagel, Sam	12	BRAI	43-11.50q
10 Hedlof, Joel	12	Willmar	43-00.00
11 Johnson, Tyler	12	Alex	42-09.00
12 Ballandby, Joe	12	Willmar	42-07.00
13 Kaczor, Paul	10	StCloudTech	42-02.00
14 Garin, Kris	12	BRAI	41-10.50
15 Wach, Dillan	11	Fergus Falls	41-08.00
16 Mckee, Scott	11	StCloudTech	41-03.50
17 Reich, Frank	11	SaukRpds-Ric	40-10.00
18 Heinen, Craig	10	Rocori HS	40-08.00
19 Windfeldt, Ross	11	StCloudTech	40-02.50
20 Christopher, Cole	11	Willmar	40-02.00
21 DeGrote, Brian	11	SaukRpds-Ric	39-10.00
22 Yorek, Dustin		Little Falls	39-06.50
23 Benda, Jackson	10	Rocori HS	37-09.00
24 Kollmann, Mathew	10	StCloudApp	33-01.00
25 Ehresmann, Robert	10	StCloudApp	32-06.00
26 Thompson, Brandon	10	StCloudApp	31-07.50
--- Rodeski, Kenny		Little Falls	ND
--- Mueller, Eric	12	Rocori HS	ND
--- Scheiterlein, Jesse	11	Sartell	ND

Event 26 Boys Shot Put

Name	Yr	School	Finals
<b>Finals</b>			
1 Werk, Andrew	11	Alex	50-04.50 10
2 Gault, Matt	12	Sartell	48-10.50 8
3 Guetter, Robert	12	Alex	48-08.00 6
4 Kassulker, Jacob	10	BRAI	46-08.00 5
5 Schramel, Mike	12	Sartell	45-05.50 4
6 Ronnevik, Lars	12	Fergus Falls	45-01.00 3
7 Johansen, Chase	11	Fergus Falls	45-00.00 2
8 Endres, Luke	11	SaukRpds-Ric	44-04.00 1
9 Pagel, Sam	12	BRAI	43-11.50

Event 28 Boys Discus Throw

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Ronnevik, Lars	12	Fergus Falls	145-08q
2 Guetter, Robert	12	Alex	145-06q
3 Thomson, Tanner	11	Alex	138-06q
4 Wach, Dillan	11	Fergus Falls	134-02.25q
5 Rodeski, Kenny		Little Falls	127-11.50q
6 Kassulker, Charles	11	BRAI	126-11q
7 Scheiterlein, Jesse	11	Sartell	126-01.50q
8 Gault, Matt	12	Sartell	126-00.50q
9 Berg, Garrett	12	StCloudTech	125-03q
10 Rutz, Nathan		Little Falls	122-04.25
11 Cole, Nathan	11	Fergus Falls	121-10.50
12 Kassulker, Jacob	10	BRAI	121-07.50
13 Carlsen, Steven	12	Alex	121-07

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## Preliminaries ... (Event 28 Boys Discus Throw)

Name	Yr	School	Prelims
14 Taylor, Zach	11	BRAI	118-11.50
15 Ballandby, Joe	12	Willmar	114-07.50
16 Heinen, Craig	10	Rocori HS	113-08.25
17 Kallhoff, Brad	12	Willmar	110-05
18 DeGrote, Brian	11	SaukRpds-Ric	109-10.75
19 Christopher, Cole	11	Willmar	109-02.50
20 Benda, Jackson	10	Rocori HS	102-02.50
21 Lattery, Dustin	12	SaukRpds-Ric	101-00.75
22 Baker, Colby	12	SaukRpds-Ric	100-01.50
23 Wester, Seth		Little Falls	99-03
24 Spier, Morgan	12	Sartell	95-10.25
25 McCall, John	12	StCloudApp	88-08
26 McKee, Scott	11	StCloudTech	87-09.25
27 Loso, Joshua	10	StCloudApp	85-10
28 Evenson, Benjamin	12	StCloudApp	84-11.50

## Event 28 Boys Discus Throw

Name	Yr	School	Finals
<b>Finals</b>			
1 Guetter, Robert	12	Alex	150-01 10
2 Ronnevik, Lars	12	Fergus Falls	145-08 8
3 Thomson, Tanner	11	Alex	138-06 6
4 Scheiterlein, Jesse	11	Sartell	137-10 5
5 Rodeski, Kenny		Little Falls	136-06 4
6 Wach, Dillan	11	Fergus Falls	136-05 3
7 Kassulker, Charles	11	BRAI	126-11 2
8 Gault, Matt	12	Sartell	126-00 1
9 Berg, Garrett	12	StCloudTech	125-03

## Event 30 Boys Triple Jump

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Lieberg, Justin	12	Sartell	43-01.50q
2 Cole, Nathan	11	Fergus Falls	41-10.00q
3 Parsons, Nate	11	BRAI	40-01.00q
4 Krych, Simon	11	StCloudApp	40-00.50q
5 Zenner, Hayden	10	Fergus Falls	39-03.00q
6 Lieberg, Josh	9	Sartell	39-02.00q
7 Mackner, Coyer	12	BRAI	37-10.00q
8 Stockinger, Riley	9	SaukRpds-Ric	37-05.50q
9 Wymore, Joseph	12	Alex	37-04.00q
10 Mann, Kjell	11	Sartell	37-03.00
11 Franzwa, Mitchell	11	StCloudTech	37-02.50
12 Jaekel, Anthony	12	Willmar	37-02.00
13 Horesji, Zach		Little Falls	37-00.00
14 Reichl, John	11	StCloudApp	36-09.50
15 Yeh, Philip	12	BRAI	36-05.00
16 Smith, Cody	11	Fergus Falls	36-04.50
17 Toso, Derek		Little Falls	36-03.50
18 Huberty, Matt	10	SaukRpds-Ric	36-02.50
19 Wright, Joshua	12	Willmar	35-05.00
20 Mayers, Shane	12	Rocori HS	35-01.50
21 Ludwig, Brandon	12	Alex	35-00.00
22 Joerger, Michael	11	Alex	34-11.25

23 Zupke, Jesse	11	Willmar	34-03.00
24 Kuehn, Josh	11	SaukRpds-Ric	34-02.25
25 Dahl, Axl	11	Rocori HS	34-01.00
26 Spillum, Travis		Little Falls	34-00.00

## Event 30 Boys Triple Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Lieberg, Justin	12	Sartell	43-01.50 10
2 Krych, Simon	11	StCloudApp	42-09.50 8
3 Cole, Nathan	11	Fergus Falls	41-10.00 6
4 Parsons, Nate	11	BRAI	40-10.50 5
5 Wymore, Joseph	12	Alex	39-04.50 4
6 Zenner, Hayden	10	Fergus Falls	39-03.00 3
7 Lieberg, Josh	9	Sartell	39-02.00 2
8 Mackner, Coyer	12	BRAI	38-03.00 1
9 Stockinger, Riley	9	SaukRpds-Ric	38-02.00

## Event 32 Boys Long Jump

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Kohler, Elliot		Little Falls	21-02.00q
2 Nelson, Joe	11	BRAI	20-06.00q
3 Parsons, Nate	11	BRAI	20-04.00q
4 Krych, Simon	11	StCloudApp	20-02.00q
5 Bell, Grant		Little Falls	20-01.50q
6 Cole, Nathan	11	Fergus Falls	19-09.50q
7 Welch, Nick	10	BRAI	19-06.25q
8 Schendel, Jeremy	11	Willmar	19-06.00q
9 Landowski, Corey	11	SaukRpds-Ric	19-05.75q
10 Orndorff, Brent	12	Sartell	19-03.25
11 Mann, Sean	11	Sartell	19-00.25
12 Franzwa, Mitchell	11	StCloudTech	18-08.00
13 Glup, Matthew	10	Willmar	18-07.25
14 Peterson, Jacob	9	StCloudTech	18-06.00
14 Rios-Dominguez, Kareem	11	StCloudTech	18-06.00
14 Farber, Nick		Little Falls	18-06.00
17 Schultz, Brett	10	Sartell	18-05.50
18 Boeckman, Anthony	10	StCloudApp	18-05.25
18 Smith, Cody	11	Fergus Falls	18-05.25
20 Jaekel, Anthony	12	Willmar	18-03.00
21 Goracke, Derek	11	Alex	18-01.75
22 Reichl, John	11	StCloudApp	18-00.75
23 Huberty, Matt	10	SaukRpds-Ric	17-10.25
24 Kuehn, Josh	11	SaukRpds-Ric	17-07.75
25 Pham, Phillip	10	Alex	17-07.00
26 Mayers, Shane	12	Rocori HS	16-10.00
27 Buss, Dereck	12	Alex	16-07.75
28 Tong, Ryan	9	Rocori HS	16-05.00
29 Preston, Shawn	11	Fergus Falls	16-01.75

## Event 32 Boys Long Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Kohler, Elliot		Little Falls	21-02.00 10
2 Nelson, Joe	11	BRAI	20-06.00 8

## Central Lakes Conference Championships

Little Falls High School - 5/21/2010

## Results

## Finals ... (Event 32 Boys Long Jump)

Name	Yr	School	Finals	
3 Parsons, Nate	11	BRAI	20-04.00	6
4 Bell, Grant		Little Falls	20-02.50	5
5 Krych, Simon	11	StCloudApp	20-02.00	4
6 Cole, Nathan	11	Fergus Falls	19-09.50	3
7 Landowski, Corey	11	SaukRpds-Ric	19-09.25	2
8 Schendel, Jeremy	11	Willmar	19-08.75	1
9 Welch, Nick	10	BRAI	19-06.25	

## Event 34 Boys High Jump

Name	Yr	School	Finals	
<b>Finals</b>				
1 Wistrom, Mike	12	Sartell	6-02.00	10
2 Krych, Simon	11	StCloudApp	5-11.00	8
3 Edwards, Cavasio		Little Falls	5-11.00	6
4 DeRoeck, Ryan	12	Sartell	5-10.00	5
5 Stoterau, Daniel	12	StCloudTech	5-10.00	4
6 Kohler, Elliot		Little Falls	5-10.00	3
7 Lauer, Dan	11	BRAI	5-08.00	2
8 Walters, Jackson	10	BRAI	5-08.00	1
9 Fischer, Pat	9	Sartell	5-08.00	
10 Cozad, Clayton	10	Alex	5-06.00	
10 Molde, Adam	10	StCloudTech	5-06.00	
12 Ludwig, Brandon	12	Alex	5-06.00	
13 Goodew, Jacob	10	BRAI	5-06.00	
14 Kuehn, Josh	11	SaukRpds-Ric	5-06.00	
15 Broberg, Jacob	10	Willmar	5-04.00	
16 Huber, Jake	9	Rocori HS	5-04.00	
17 Korver, Isaiah		Little Falls	5-04.00	
18 Jones, Dominic	10	Fergus Falls	5-04.00	
19 Langston, Nathan	11	Fergus Falls	5-02.00	
19 Lynch, Jake	9	SaukRpds-Ric	5-02.00	
19 Woltjer, Bennet	10	Willmar	5-02.00	
19 Boldt, Justin	12	StCloudApp	5-02.00	
23 Norgren, Josh	9	Fergus Falls	5-02.00	
23 Blacksher, Connor	12	Alex	5-02.00	
--- Welty, Nathan	9	SaukRpds-Ric	NH	
--- Odens, Chris	10	Willmar	NH	
--- Hervin, Brian	11	Rocori HS	NH	

## Event 36 Boys Pole Vault

Name	Yr	School	Finals	
<b>Finals</b>				
1 Weis, Nick	12	SaukRpds-Ric	13-06.00	10
2 Nelson, Barry	12	BRAI	12-01.00	8
3 Coleman, Felix	11	Alex	11-01.00	6
4 Nordlund, Tanner	10	Sartell	11-01.00	5
5 Schleppenbach, Karl	10	Sartell	11-01.00	4
6 Odens, Chris	10	Willmar	10-07.00	3
7 Murrey, Josh	10	BRAI	10-07.00	2
8 Hanson, Logan	11	Alex	10-07.00	1
9 Woltjer, Bennet	10	Willmar	10-07.00	
10 Petrone, Jordan		Little Falls	10-01.00	
10 Schmidt, Dan		Little Falls	10-01.00	
10 Fritz, Chris		Little Falls	10-01.00	

10 Johnson, Nathan	11	Willmar	10-01.00
14 Marolf, Ben	11	SaukRpds-Ric	10-01.00
15 Lindeman, Roman	10	SaukRpds-Ric	10-01.00
15 Hale, Brandon	11	Alex	10-01.00
17 Van Heel, Alex	10	Sartell	9-01.00
17 Krey, Cory	10	Rocori HS	9-01.00
19 Held, Jacob	10	Rocori HS	9-01.00
--- Gervenak, Nate	11	BRAI	NH
--- Johannes, Grant	12	Rocori HS	NH

## Women - Team Rankings - 18 Events Scored

1) Brainerd	128.5
2) Sartell-St Stephen	114
3) Little Falls	91
4) Alexandria H.S.	82
5) Fergus Falls	64
6) Willmar Cardinals	63
7) St. Cloud Tech	53
8) St. Cloud Apollo Eagles	41
9) Sauk Rapids/Rice	36
10) ROCORI HIGH SCHOOL	29.5

## Men - Team Rankings - 18 Events Scored

1) Alexandria H.S.	145
2) Brainerd	122
2) Sartell-St Stephen	122
4) Little Falls	81
5) Willmar Cardinals	56
6) St. Cloud Tech	43
7) Fergus Falls	38
8) Sauk Rapids/Rice	36
9) St. Cloud Apollo Eagles	31
10) ROCORI HIGH SCHOOL	28